

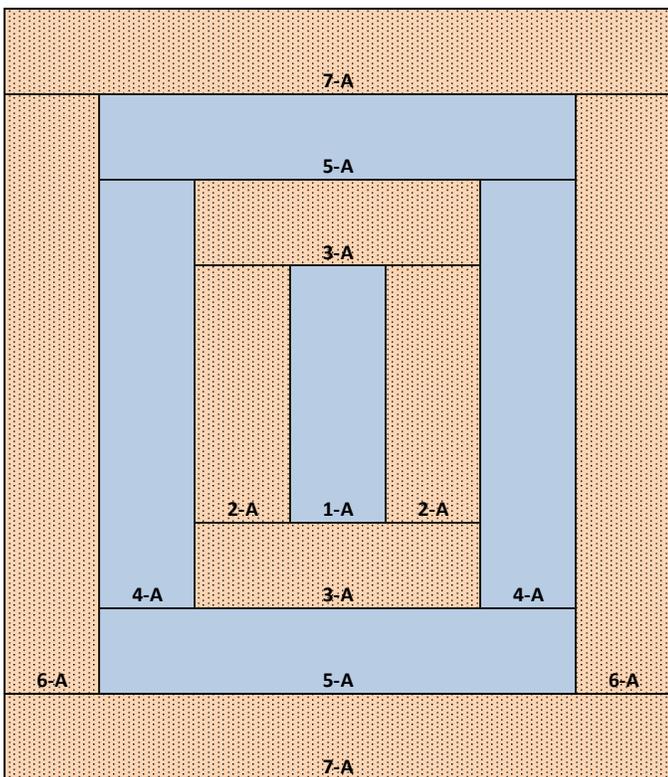
## INSTRUCTIONS FOR PRAYER QUILT KITS

**MATERIALS:** Each kit contains 10 6” wide strips (for the quilt body) and 4 3” wide strips (for the quilt border) which is to make 1 lap-sized quilt measuring about 37” x 49”. In addition to the kit materials you will need:

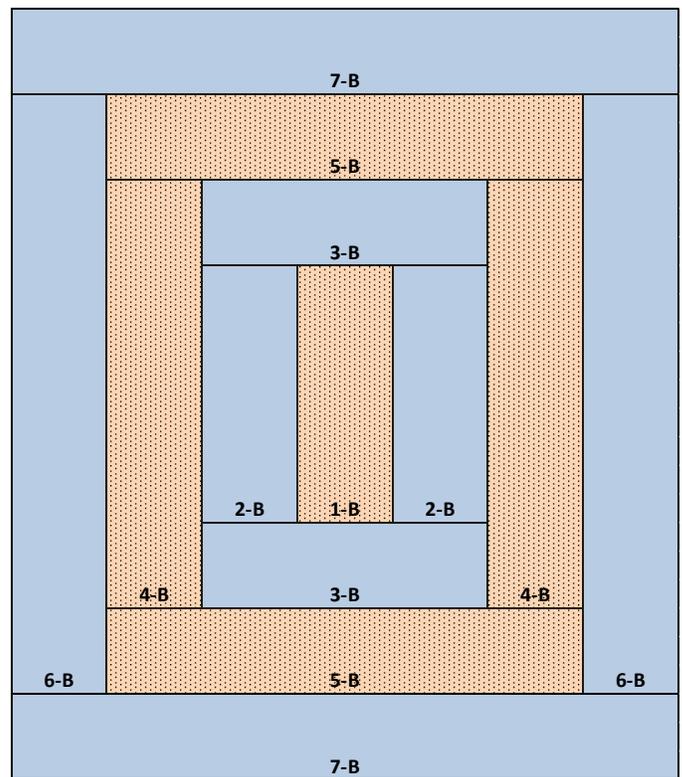
- Poly-Fil extra-loft quilt batting (a 45” x 60” crib size roll of batting should be enough for 1 quilt)
- Rotary cutter and cutting mat
- Thread (plain old white thread or a neutral gray thread is fine as stitching does not show on the finished quilt)

This quilt is made with 2 different fabrics (FABRIC 1 and FABRIC 2), has a SIDE A and SIDE B (front and back), and is made using strips 1-7 A and 1-7 B as depicted below.

FABRIC 1	
FABRIC 2	



**SIDE A**

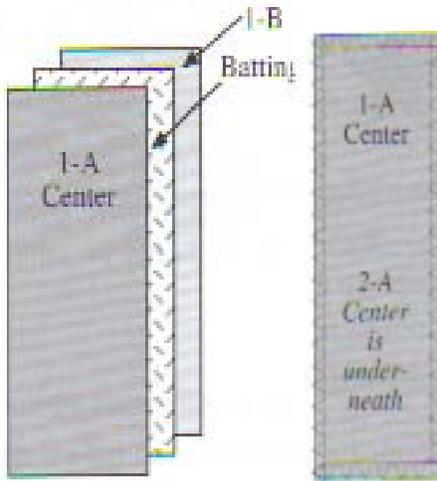


**SIDE B**

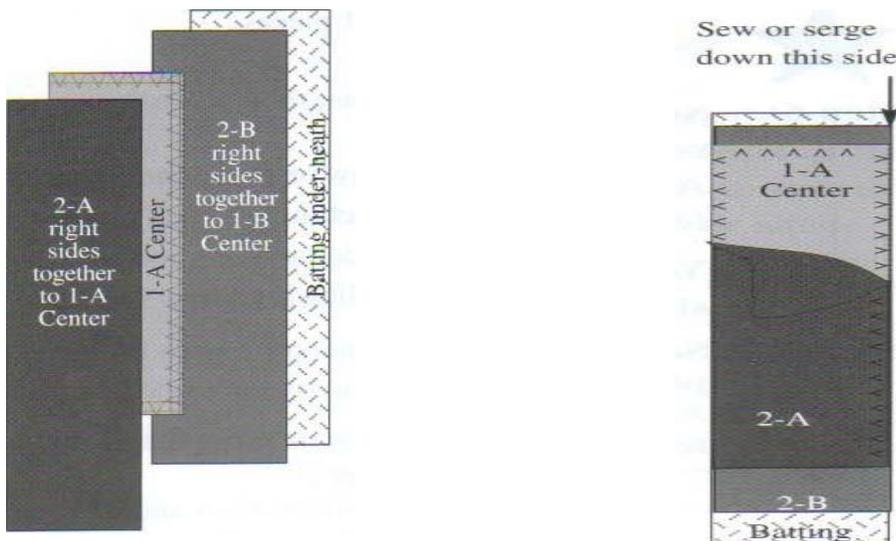
**BATTING:** Using the rotary cutter cut the batting into 6" wide strips .

**ASSEMBLY:**

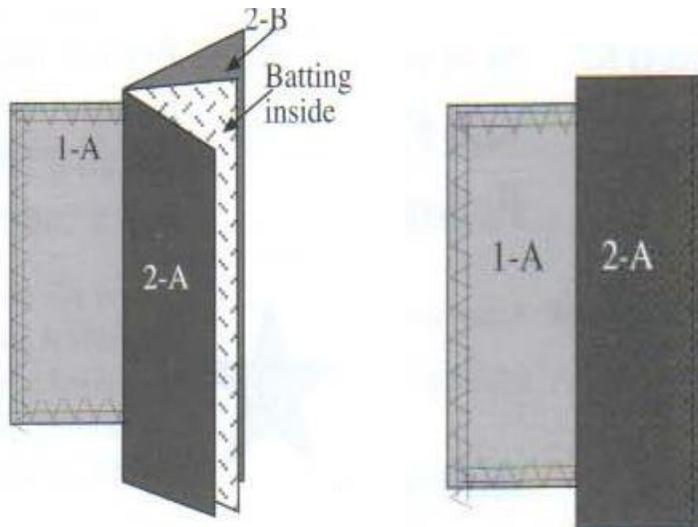
**CENTER PIECE (strips 1-A and 1-B):** Cut one 18" long strip from each of the fabrics and cut one 18" long strip of batting. Sandwich the batting between the fabric strips (right side out) and pin. Using a 4 mm wide long zigzag stitch, sew close to the edge so the zigzag stitches overcast the edges on all four sides.



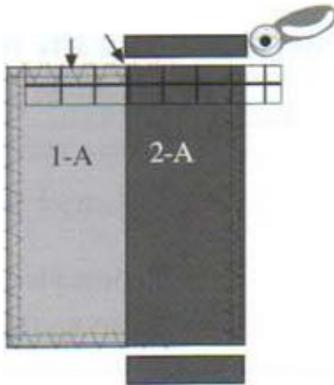
**LONG SIDES (strips 2-A and 2-B):** Cut 1 strip of FABRIC A and B and 1 strip of the batting to a length about 2-3" longer than the center piece. Place 1 strip of FABRIC A right sides together to FABRIC B side of the center piece and 1 strip of FABRIC B right sides together to the FABRIC A side of the center piece. Pin all 3 layers (the center piece and the long side strips) together. Lay the batting strip underneath the 3 layers and stitch together using a straight basting stitch. Then overcast the edge with a zigzag stitch.



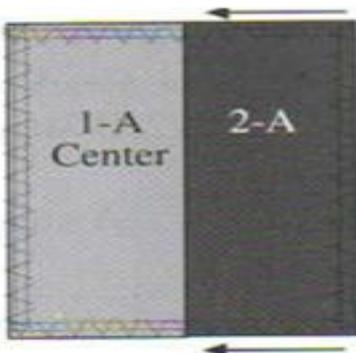
Remove pins and open out the strips so batting is in the middle of the strips. Pin long edges evenly together and zigzag stitch the edge.



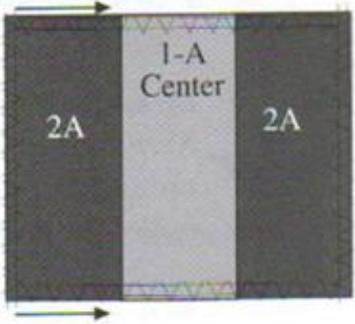
Use a ruler and trim the short ends even with the edges of the center piece, being sure the edge of your ruler lines up with zigzagged edge.



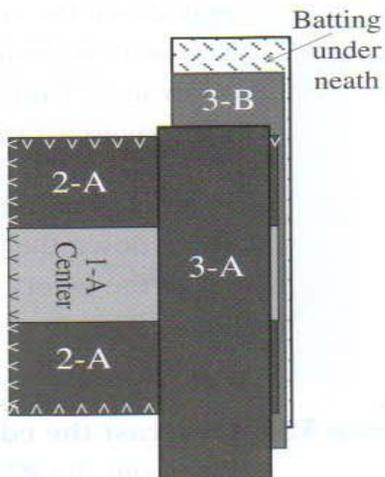
Zigzag both ends from the outside in toward the center piece. Be sure to sew from the outside in toward the center piece to ensure your quilt will be squared.



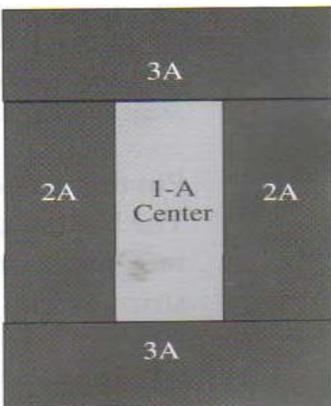
Repeat for the second long side. Again, be sure to zigzag both ends from the outside in toward the center piece.



**SHORT SIDES (strips 3-A and 3-B).** Add short sides in the same manner as the long sides (follow above instructions).

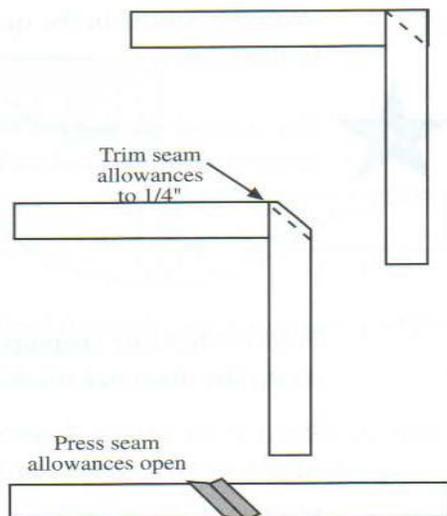


At this point your quilt should look like this:

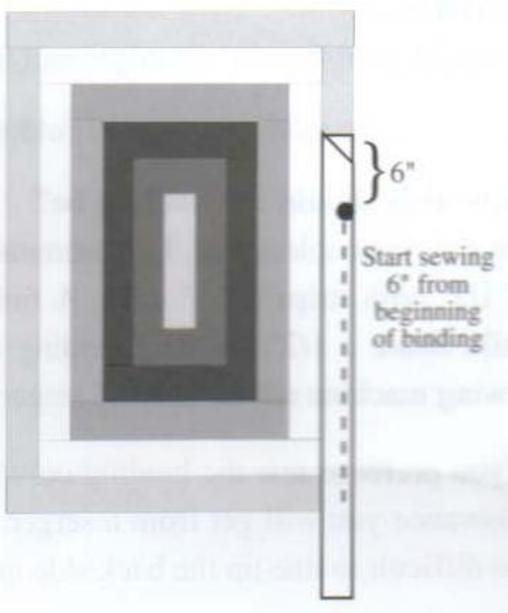


Continue to add strips 4-7 A and B in the same manner. When all the strips are added you are ready to make the binding.

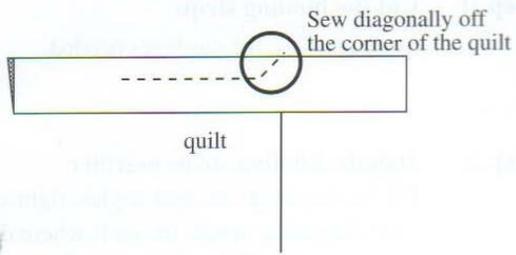
**BINDING:** Binding is made with the four 3" wide strips of fabric. Pin binding strips together at right angles, right sides together. Sew diagonally across the ends where the two strips overlap. Sew together all four strips in this manner. Trim seam allowances and press seams open.



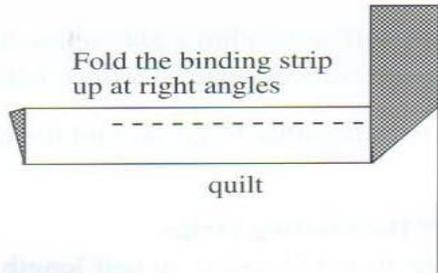
Fold the binding in half length wise, wrong sides together and press with an iron. Sew binding on either side of the quilt using a 1/2" seam allowance. Leave a 6" tail at the beginning of the binding and start sewing in the middle of one edge of the quilt (never at a corner).



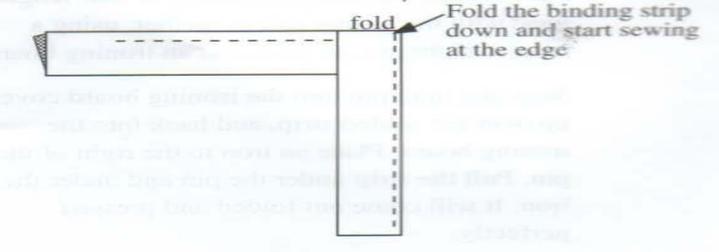
Sew with both raw edges of the binding even with the edge of the quilt. Sewing to the corner, stitch to 1/2" from the next edge. Pivot the quilt and sew diagonally to the corner.



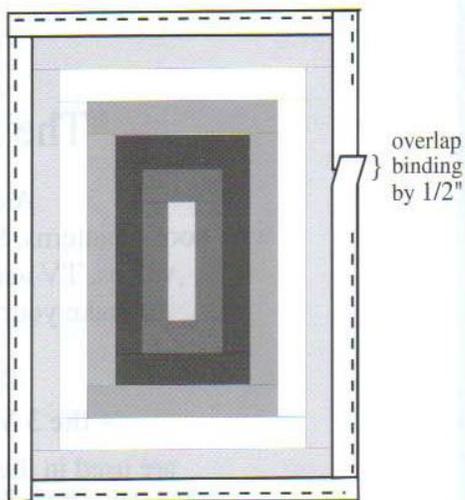
Fold the binding strip up at right angles along the diagonal stitching lines.



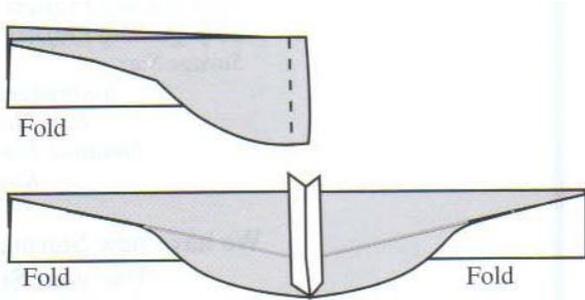
Fold the binding strip down square with the corner.



Sew from the top edge,  $\frac{1}{2}$ " in from side edge to next corner. Repeat for each corner. After turning the last corner of the quilt, lay the binding in place overlapping the beginning 6" tail.



Cut the end of the binding strip so it overlaps the beginning by about  $\frac{1}{2}$ ". Sew ends of binding strips together by opening up the folded binding strips and sewing the two ends right sides together with a  $\frac{1}{4}$ " seam.



Lay binding in place and finish stitching to quilt. Bring folded edge of binding to other side of quilt and blind stitch in place.

BLESSED BE and VIOLA!! You've just finished a quilt!! Please give finished quilt to Suzanne Kreisher (302-346-6443 or [kreisher@copper.net](mailto:kreisher@copper.net)). Suzanne will label and store the quilt for future presentation.