

LADIES OF PEOPLE'S CHURCH OF DOVER
PRAYER SHAWLS, LAP BLANKETS, and QUILTS
January 2011

Our Mission: To knit/crochet/sew shawls, lap blankets, and quilts, anoint them with prayer and meditation, and then give these items to persons in need of prayer, comfort, or blessings. When one of our creations is presented to someone it is a visible expression of care, concern, and God's love. The recipients then use the items in the ways that are personally helpful.

Materials: Fabric used to make quilts will be 100% cotton and the batting will be high loft quilt batting. The yarn used to make a shawl or lap blanket must be soft and warm and easily washable. Lionbrand Homespun is an excellent yarn to use for patterns calling for



bulky weight. Caron Simply Soft, RedHeart Supersaver, and Vanna's Choice are good yarns for patterns calling for worsted



weight yarn. All these yarns can be purchased locally at WalMart, Michael's, and A.C. Moore. Make sure that you choose a soothing color for the shawl or blanket because color is what gives it the intended feel. Colors must neither be very bright nor very dull.

Beginning and Finishing the Shawl, Blanket, or Quilt: Before one begins the knitting or crochet process, a blessing, prayer, or wish can be said, dedicating the work of your hands and the intentions of the receiver. You may want to light a candle and play soft music to enhance your knitting/crocheting/sewing time, remembering that this is a prayerful time. When the item

completed, say a blessing, prayer, or wish over the it, keeping the receiver in mind.

Shawls, Lap Blankets, and Quilts are Given but not Sold. The making of a shawl, blanket, or quilt is a spiritual practice which embodies our thoughts and prayers for the receiver. It is a gift freely given with no strings attached. Made in prayer, the items are passed on hand-to-hand and heart-to-heart. Putting a price these items defeats the purpose of this ministry. If someone offers to buy one, you can state that, *"Although our creations aren't sold, a donation to our ministry is gratefully accepted in whatever dollar amount you feel comfortable in giving"*. Recommended donations are \$20 for a shawl or lap blanket, and \$35 for a quilt. These donations will allow our ministry to purchase more yarn and material and continue the ripple effect of unconditional love!

Patterns: Shawls should be "snuggly" and large enough for the recipient to easily wrap the shawl around themselves. Lap blankets should measure about 40" x 40" for a square blanket and about 36" x 48 for a rectangular blanket. Use the patterns on the following pages to knit or crochet shawls and blankets. If you want to use a pattern other than these, send it to the Ladies Fellowship for review and approval.

Project Assistance is available from Suzanne Kreisher at 346-6443 or kreisher@copper.net.

KNIT: HONEST WARMTH SHAWL
Lion Brand® Homespun® Pattern #: 81046AD



SKILL LEVEL: Easy

FINISHED SIZE: About 45 x 67 inches

MATERIALS: 3 skeins Homespun (or equivalent soft bulky weight) yarn, size 13 29 inch circular knitting needles

Cast on 3 sts.

Row 1: Knit

Row 2: K 1, yarn over, k to end.

Repeat Row 2 until you have 153 sts. Bind off.

FINISHING: Weave in ends.

ABBREVIATIONS:

K = knit

St(s) = stitch(es)

KNIT: Prayer Shawl / Healing Shawl
Lion Brand® Homespun® Pattern #: 20281-K



SKILL LEVEL: Beginner

SIZE: Approximately 24 x 60 inches

MATERIALS: 3 skeins Homespun yarn (or equivalent soft bulky weight yarn); knitting needles size 10

Cast on 63 stitches

First row: Knit 3, purl 3 to the end of the row.

Repeated row: Turn and knit the purl stitches and purl the knit stitches. (Always start the next row with the opposite stitch of what you see. For instance, if the first stitch on the needle is a knit, then start with a purl. **KNIT THE PURLS AND PURL THE KNITS!!!** It should NOT look like ribbing.)

OPTIONAL PATTERN: Cast on 63 stitches and knit each row.

Work about 2½ skeins in this pattern. Use the rest of the yarn for fringe, which can be from 3 inches to 9 inches long. Knot the ends of the fringes to keep the yarn from frizzing.

CROCHET: Prayer Shawl

Lion Brand® Vanna's Choice® Pattern #: 70348AD



SKILL LEVEL: Easy

SIZE: 36 x 64 in.

MATERIALS: 5 skeins (3.5 oz ea) Vanna's Choice yarn (or about 20 ounces equivalent worsted weight yarn), size I-9 crochet hook

Ch 4; join with sl st in first ch to form a ring.

Row 1: Ch 3 (counts as hdc, ch 1 here and throughout), turn, work 3 hdc in ring, ch 1, hdc in ring - 5 hdc and 2 ch-1 sp.

Row 2: Ch 3, turn, sk first ch-1 sp, 2 hdc in next hdc, hdc in next hdc, 2 hdc in next hdc, ch 1, hdc in 2nd ch of turning ch - 7 hdc and 2 ch-1 sp.

Row 3: Ch 3, turn, sk first ch-1 sp, 2 hdc in next hdc, hdc in next 3 hdc, 2 hdc in next hdc, ch 1, hdc in 2nd ch of turning ch - 9 hdc and 2 ch-1 sp.

Row 4: Ch 3, turn, sk first ch-1 sp, 2 hdc in next hdc, hdc in next 5 hdc, 2 hdc in next hdc, ch 1, hdc in 2nd ch of turning ch - 11 hdc and 2 ch-1 sp.

Rep Row 4, increasing 1 hdc at beginning and end of each row until Shawl measures 35 in. (89 cm) from beginning. Fasten off.

FINISHING

Shell Edging. Edging is worked along both side edges, from tip of Shawl to top edge. The Edging sts are worked around the turning chs at the end of every other row; rows ending with an hdc are skipped.

First Shell. Join yarn with sl st in beg ch-4 ring.

Row 1: Working around turning chs at end of every other row along side edge, sl st around next turning ch, ch 3, sk next turning ch, sl st around next turning ch.

Row 2: Ch 2, turn, 6 hdc in ch-3 sp, sl st in sl st at beg of side edge (where yarn was joined).

Row 3: Ch 2, turn, hdc in same st, *hdc in next st, 2 hdc in next st; rep from * 2 more times, sl st around next turning ch of Shawl - 11 hdc in first shell.

Second Shell

Row 1: Ch 3, sk next turning ch on Shawl, sl st in next turning ch.

Row 2: Ch 2, turn, 6 hdc in next ch-3 sp, sl st in 10th hdc of previous Shell.

Row 3: Ch 2, turn, hdc in same st, *hdc in next st, 2 hdc in next st; rep from * 2 more times, sl st around next turning ch of Shawl.

Rep Second Shell along side edge ending at top edge. Fasten off.

Join yarn in beg ch-4 ring and work first shell and Shell Edging along other side. Weave in ends.

ABBREVIATIONS

beg = begin(s)(ning)

ch(s) = chain(s)

ch-space = space previously made

hdc = half double crochet

rep = repeat(s)(ing)

sk = skip

sl st = slip stitch

st(s) = stitch(es)

CROCHET: Prayer Shawl

By: Jo Ann M. Heiser , www.shawlministry.com



SKILL LEVEL: Easy

MATERIALS: 3 skeins of soft worsted weight yarn; size N crochet hook.

Chain 55 loosely

Row 1 (right side): (3dc, ch 2, sc) in fourth ch from hook, * skip next 2 chs, (3 dc, ch 2, sc) in the next ch. Repeat from * across.

Row 2: Ch 2 -- turn. (3 dc, ch 2, sc) in first ch 2 sp and in each ch 2 space across.

Repeat Row 2 until you have used 2 2/3 skeins of yarn (or until the piece is about 6 feet long). Do not finish off.

Last Row: Ch 2, turn * sc in first ch 2 sp, ch 2. Repeat from * across and end with a sc. Finish off.

Fringe: Add fringe to first and last rows with remaining yarn.

ABBREVIATIONS:

Ch = chain

Dc = double crochet

Sc = single crochet

Sp = space

CROCHET: Box Stitch Lap Blanket



SKILL LEVEL: Easy

FINISHED SIZE: Approximately 36" x 45"

MATERIALS: 20 ounces soft-ply worsted weight yarn (solid or variegated), size I-9 crochet hook

Chain 100. Work in pattern as follows:

Row 1: 3 dc in 4th ch from hook, *skip 3 sts, 1 sc in next st, ch 3, 3 dc in same st; repeat from * ending with 1 sc in last st (24 patterns), ch 3, turn.

Row 2: 3 dc in last sc of previous row, *1 sc over the ch 3, ch 3, 3 dc in same place; repeat from * ending with 1 sc in top of ch 3. Ch 3, turn.

Repeat Row 2 for 55 rows have been completed (45" long). Do not break yarn. Continue in pattern, working across each side and lower edge - work one pattern for each ch of 3 at side and one pattern for each pattern across first row. Fasten off.

ABBREVIATIONS:

Ch = chain

Dc = double crochet

Sc = single crochet

Sp = space

KNIT: Lap Blanket

by The Knit Witts (a faith-based group in of Richmond, IN, who knit and crochet more items of comfort for those in need in the Richmond area and surrounding community.)

SKILL LEVEL: Easy +

FINISHED SIZE: About 40" x 40"

MATERIALS: Size 9 circular needle 29" long, 24 ounces 4-ply machine washable and dryable acrylic knitted worsted yarn.

NOTE: The pattern starts at one corner, grows out to two corners and decreases to one corner, made all in one piece.

Cast on two stitches.

Row 1: Knit

Row 2: Knit 1, inc.1, K1.

Row 3 and subsequent rows: K1, inc. 1, knit remaining stitches

Continue as above, always knitting the 1st stitch and increasing on the second stitch, then continuing with the plain (garter) stitch, to the end of each row. When the finished edge of the blanket measures 40 inches (this will be half the blanket), start to decrease.

To decrease: K1, K2 together, continue to K1 to end of row. Continue decreasing 1 stitch each row until you have 2 stitches remaining ... bind off. You will have a blanket 40 inches square, with a good finished edge.